

## Six-Day Cycle

All BASD middle schools follow a six-day cycle. This allows the students and teacher equal time in the variety of subjects our schools have to offer. See below for an sample schedule.

Monday	Tuesday	Wednesday	Thursday	Friday
Day 1	Day 2	Day 3	Day 4	Day 5
Day 6	Day 1	Day 2	Day 3	Day 4

### Grading

There are four marking periods in a school year. Each student will receive four report cards. Students will receive progress reports to alert parents and students of grades halfway through the marking period.



### Grading Scale

A+	= 97	to 100
A	= 93	to 96
A-	= 90	to 92
B+	= 87	to 89
B	= 83	to 86
B-	= 80	to 82
C+	= 77	to 79
C	= 73	to 76
C-	= 70	to 72
F	= 69	& Below

### Clubs & Sports

Clubs, activities and sports are offered year-round. Please see the East Hills Fact Sheet for a list of current selections. If you don't see a club but have an interest, share your idea with a staff member. Many activities have been created on the interest of students.



### Teacher Teams

Teaming is an integral part of our middle school. All students belong to an academic team. Teams participate in many activities and programs during the year. The team concept is very helpful in creating a supportive environment where positive relationships are encouraged and maintained.



### Lockers

All students are given a locker to use that is in close proximity to their homeroom. Lockers can be used to help organize and store items during the day. Lockers can be visited at specified times during school hours.



### Lunch

Lunch is held during fifth period each day. Lunch is a thirty minute block of time where students eat and socialize in the cafeteria. Students sit in assigned homeroom seats. All students get a chance to get their lunch first and last during the five day week.



### Agenda Book

All students will receive an agenda book where they will be able to organize their assignments and keep track of due dates. Agenda books are a useful communication tool between school and home.

## Encore

Graded O, S, N\*



### Family & Consumer Science

(30-Day Cycle)

This class is where the students will learn to sew by hand and by machine. Students will also learn to cook using basic measuring techniques, kitchen safety, cleanliness, proper equipment use. Cooperative groups work together in food preparation. Students will enjoy fun lessons and great samples.



### Industrial Arts

(30-Day Cycle)

This class is where students learn to problem solve and create their projects using a hands-on method. The class is split between the wood shop and the metal shop for fifteen days, each.



### Computer Technology

(30-Day Cycle)

This course consists of learning to touch-type and use the computers for desktop publishing projects. Students are also taught a series of digital citizenship and proper computer use lessons. Additionally, students will be introduced to basic coding.



### Music

(45-Day Cycle)

Students will be introduced to the elements of music such as beat, rhythm, pitch, tempo, duration, form, texture and dynamics.



### Art

(45-Day Cycle)

Students will learn basic drawing, painting and sculpture techniques while learning about artists and art movements. They also learn how to think critically about their work and the works of others.



### Physical & Health Education

Graded A, B, C or F and Meets 3 Times per Six-Day Cycle



### Phys. Ed.

This is an academic class where students participate in physical activity. Students must change into appropriate clothing and wear sneakers. Individuals and teams are taught to play various sports and games.



### Health

Students engage in various projects and activities to learn about the body system. Additionally, students learn about the importance of nutrition, making good eating choices and the food pyramid.



### World Languages & Literature Development

Graded A, B, C or F and Meets 3 Times per Six-Day Cycle



### Exploratory Languages

During three, 60-Day rotations, students explore the Spanish, German and French cultures. At the end of the year, students will be given an opportunity to choose a language focus for grades 7 and 8.



### Literacy Development

This class is where students focus on reading level-appropriate books and building upon reading and writing skills through literature.