

# Welcome to Freedom High School!



Open House

September 13, 2018

# Roadmap 5.0



# Freedom High School 2018-2019 Building Theme

“Discipline Equals Freedom”

# Theme: *Discipline Equals Freedom*

- Athletic Context

*“Fastest → Smartest → Strongest Selves”*

# Application of Discipline

- Wellness
  - Eat, Exercise, Rest
- Mindfulness
  - Treatment of Others
  - Control Emotions
  - Ego Control
- Strength, Fortitude, Will
  - Take the Uphill Path
  - Don't Accept Weakness
  - If you breakdown → Get Up & Get Better

# Motivation

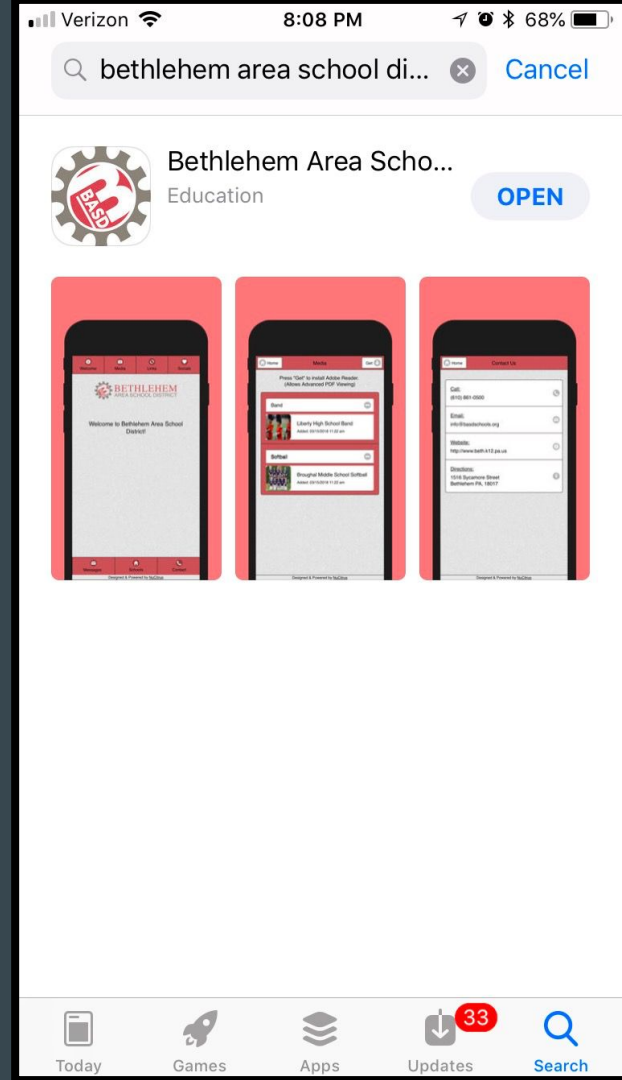
- Don't Count On It
  - I don't feel motivated today...
  - Fickle
- Go Back to Discipline

# Overwhelmed

- Hit Reset Button
- Break Things Down → Prioritize
- Don't Give into the Path of Least Resistance
  - Attack the Hill & Get Stronger
- Be Disciplined
- Be A Better Person Tomorrow

# BASD App

The new BASD mobile app will contain important information about the goings-on in the district, including safety and emergency messages. The app is available at the Apple App Store (iTunes) and Google App Store (Play Store).





# BASD TV

The BASD Channel debuted on Monday, August 27, 2018, at 12 pm. The station runs 24 hours a day, 7 days a week on RCN Channel 67 and Service Electric Channel 265.

# Social Media

eNews: <https://news.beth.k12.pa.us/mailman/listinfo/basd-news>

Blog: <https://basdwpweb.beth.k12.pa.us/basdblog/>

Podcasts: Built by Bethlehem

#EMPOWER

Facebook: @basdschools

Twitter: @BethlehemAreaSD  
@BasdFHSLaPorta  
@LeesonScience

#BUILTBYBETHLEHEM

Instagram: @BethlehemAreaSD

# Registration Gateway

New online registration system that replaces paper forms for the annual back-to-school updates for returning students and new student registration.



Google Custom Search

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Tuesday, September 11, 2018

**ANNOUNCEMENT:** Communicating with the Transportation Department

**ANNOUNCEMENT:** Free Catch Up Clinic for State Required Immunizations

**ANNOUNCEMENT:** Supt Dr. Roy's Opening of School Letter



Liberty High School Chorus  
Photo: Christmas City Studio

#### Our Mission

The Bethlehem Area School District, in partnership with the home and community, is committed to providing a safe and supportive environment in which each student will attain the knowledge, skills, and attitudes necessary to become a productive citizen and life-long learner in our technologically demanding and culturally diverse society.

#### Follow BASD on Social Media



#### Download the BASD App



#### BASD eNews

Click here for the latest installment

[Enter Registration Gateway](#)



# #BASDPROUD Parents Group

✉ info@basdproudparents.org



WELCOME

HOT TOPICS

GET INVOLVED

CONTACT INFO



9/10/2018

# Sample Freedom HS Student Schedule

Schedule As Of 09/10/2018

Student ID	Name	Gr	Hrm	Team	Counselor	Locker	Combination
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Period	Course-Section	Description	Marking Periods	Days	Room	Teacher
1	BU1009 - 2	Freshman Seminar	M1,M2	1,3,5	223	Bianco, M
1	HF1009 - 2	Health 1	M1,M2	2,4,6	801	Karam, J
1	HF9109 - 24	Physical Education	M3	1,2,3,4,5,6	GYM	Musselman, B
1	SS9119 - 3	Sports History	M4	1,2,3,4,5,6	223	Quintana, J
2	SP2002 - 2	Spanish 2	M1,M2	1,2,3,4,5,6	231	Aguilar, C
2	MA1000 - 4	Honors Algebra 1	M3,M4	1,2,3,4,5,6	205	Stenson, K
3	SC1000 - 2	Honors Biology	M1,M2	1,2,3,4,5,6	145	Chiafulio, A
3	EN1000 - 7	Honors English 9	M3,M4	1,2,3,4,5,6	218	Wieand, L
4	SS1000 - 4	Honors US History 2	M1,M2	1,2,3,4,5,6	234	Bianco, M
4	PLTW11 - 4	Principles of Biomedcl Science	M3,M4	1,2,3,4,5,6	162	Ruggiero, G

The Fall Semester is M1, M2. The Spring Semester is M3, M4.

### Sample Student's Fall Schedule

Block 1: Freshmen Seminar (on days 1, 3, 5) Room 223

Block 1: Health 1 (on days 2, 4, 6) Room 801

Block 2: Spanish 2, Room 231

Block 3: Honors Biology, Room 145

Block 4, Honors US History 2, Room 234

***Visit your Child's Fall Semester Classes***

**Block 1**    **7:00 – 7:15 PM**

**Block 2**    **7:25 – 7:40 PM**

**Block 3**    **7:50 – 8:05 PM**

**Block 4**    **8:15 – 8:30 PM**

***Learn about other Freedom High School Courses***

**Departmental Information Sessions**            **8:30 – 9:00 PM**