

Freedom High School

Seasonal Sports

Fall (August-October)

Sport	Coach's Name	Coach's Email
Cheerleading	Noelle Semrau	nsemrau@basdschools.org
Cross Country	Bob Thear	bobthear@yahoo.com
Field Hockey	Chelsea Quinn	quinnchelsea21@gmail.com
Football	Jason Roeder	jroeder@basdschools.org
Soccer-Boys	Tyler Nolan	tnolan@basdschools.org
Soccer-Girls	Anthony Billone	abillone@basdschools.org
Tennis-Girls	Mark Sigmon	mark@sigmon-sigmon.com
Volleyball-Girls	Lori Guman	lguman@basdschools.org
Golf	Michael Evans	mevans@basdschools.org

Winter (November-February)

Sport	Coach's Name	Coach's Email
Basketball-Boys	Joe Stellato	jstellato@basdschools.org
Basketball-Girls	Deanna Mulicka-Radio	dmulicka@basdschools.org
Rifle	Paul Dorney	chip27x@gmail.com
Swimming	JJ Apostolico	japostolico@basdschools.org
Track & Field	Charles Heidecker	cheidecker66@gmail.com
Wrestling-Boys	Tyler Greene	tgreene@basdschools.org
Wrestling-Girls	Jeremy Ortiz	jeremyortiz@me.com

Spring (March-May)

Sport	Coach's Name	Coach's Email
Boys Lacrosse	RJ Guffy	rguffy@basdschools.org
Girls Lacrosse	Charis Innarella	charisinnarella@gmail.com
Baseball	John Bisco	jbisco@basdschools.org
Softball		
Tennis-Boys		
Track & Field	Charles Heidecker	cheidecker66@gmail.com
Volleyball-Boys	John Yanek	yanekj@cattysd.org

CONTACT INFORMATION

Athletic Office	Phone: 610-867-5843	
Athletic Director	Nate Stannard	X 53951
Assistant AD	Jeremy Shuler	X 53951
Athletic Clerk	Michael Blouse	X 53951