



January 2026



Elementary Lunch Menu



Meet Your Nutritious Friend:
Brown Rice Besties

Monday	Tuesday	Wednesday	Thursday	Friday	
29	30	31	1	2	
No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break	No School Winter Break	
5	6	7	8	9	
1. Chicken Fries with Dinner Roll Or 2. Hamburger on WG Bun	1. Walking Tacos with Doritos Or 2. Grilled Chicken Sandwich on WG Bun	1. French Toast Sticks w/ Turkey Sausage Or 2. BBQ Pulled Chicken Sandwich on WG Bun	1. Cheese Ravioli w/ Garlic Bread Or 2. Italian Hoagie	1. Pizza Cheese Cruncher with Marinara Sauce Or 2. Corn Dog	A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.
Feature Veggie Steamed Corn Garden Salad Choice of Fruit Choice of Milk	Feature Veggie Black Beans Broccoli Choice of Fruit Choice of Milk	Feature Veggie Mixed Vegetables Grape Tomatoes Choice of Fruit Choice of Milk	Feature Veggie Steamed Broccoli Sliced Cucumber Choice of Fruit Choice of Milk	Feature Veggie Ranchero Carrots Celery Sticks Choice of Fruit Choice of Milk	Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables
12	13	14	15	16	Choice of Fruit Seasonal Fresh Fruits: Apples, Bananas, Pears, Oranges, Strawberries, Blueberries, Tangerines, Grapefruit, Melons, Canned Fruit: Applesauce, Peaches, Pears, Mixed Fruit, Mandarin Oranges, Pineapple.
1. Cheeseburger on WG Bun Or 2. Bosco Cheese Sticks with Marinara	1. Chicken and Cheese Quesadilla Or 2. Hamburger	1. Mini Waffles with Turkey Sausage Or 2. Chicken Cheesesteak	1. Macaroni and Cheese with Dinner Roll Or 2. Chicken Patty on WG Bun	1. Big Daddy Cheese Pizza Or 2. Hot Dog on WG Bun	100% Juice: Apple, Orange, Grape, Fruit Punch
Feature Veggie Buttered Corn Baby Carrots Choice of Fruit Choice of Milk	Feature Veggie Glazed Carrots Garden Salad Choice of Fruit Choice of Milk	Feature Veggie Mixed Vegetables Broccoli Salad Choice of Fruit Choice of Milk	Feature Veggie Steamed Broccoli Celery Sticks Choice of Fruit Choice of Milk	Feature Veggie Baked Beans Cucumber Slices Choice of Fruit Choice of Milk	Choice of Milk 1% white, fat-free white, fat-free Fat-free chocolate
19	20	21	22	23	Daily Alternates
No School Martin Luther King Day	1. Chicken and Cheese Nachos Or 2. Bacon Cheeseburger on WG Bun	1. Dutch Waffle with Turkey Sausage Link Or 2. Hamburger BBQ On WG Bun	1. General Tso Chicken Over Vegetable Fried Rice Or 2. Chicken Patty on WG Bun	1. Big Daddy's Pepperoni Pizza Or 2. Turkey and Cheese Hoagie	Option 3: PB&J Craveable Option 4: Soft Pretzel Craveable
	Feature Veggie Black Beans Cucumber Slices Choice of Fruit Choice of Milk	Feature Veggie Hash Brown Tri Tater Celery Sticks Choice of Fruit Choice of Milk	Feature Veggie Vegetable Fried Rice Asian Slaw Choice of Fruit Choice of Milk	Feature Veggies Corn Garden Salad Choice of Fruit Choice of Milk	Weekly Rotating Alternates
26	27	28	29	30	Option 5: Italian Craveable 1/5/25-1/9/25 1/26/25-1/30/25 Bread Stick Dippers Craveable 1/12/25-1/16/25 Turkey and Cheese Craveable 1/19/25-1/23/25
Cheese Steak on WG Roll Or Chicken Fries with Dinner Roll	1. Beef Nachos over Tortilla Chips Or 2. Turkey and Cheese on Pretzel Roll	French Toast Sticks with Turkey Sausage Or 2. Pulled Pork BBQ On WG Bun	1. Lasagna Roll ups With Garlic Stick Or 2. Chicken Parm Sandwich On WG Bun	1. Big Daddy's Cheese Pizza Or 2. Hot Dog on WG Roll	
Feature Veggie Baked Fries Baby Carrots Choice of Fruit Choice of Milk	Feature Veggie Mixed Vegetables Cherry Tomatoes Choice of Fruit Choice of Milk	Feature Veggie Hash Brown Tri Tater Cole Slaw Choice of Fruit Choice of Milk	Feature Veggie Corn Garden Salad Choice of Fruit Choice of Milk	Feature Veggie Baked Beans Creamy Cucumber Salad Choice of Fruit Choice of Milk	
Rose Levan, General Manager 610.861.8135 ext. 37714 ma155@metzcorp.com	Meal Prices Student Lunch \$2.65 Reduced Lunch \$0.00 Faculty Lunch \$4.85	Explore nutritionals, virtual menus & make payments online at: http://www.schoolcafe.com/BethlehemASD or scan the School Café QR code to the right.			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.