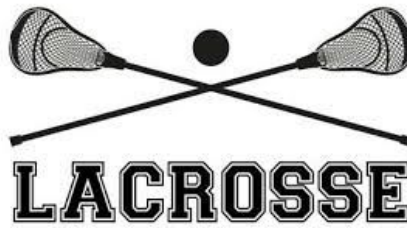


Nitschmann Middle School Lacrosse Intramurals 2019



Do you like playing sports? Are you interested in learning about playing lacrosse? Would you like to strengthen your lacrosse skills? **Come out for NMS Lacrosse!** This is not a lacrosse league, but a great way for students to learn about the sport and develop their skills.

Girls Sessions (6th, 7th, & 8th Grades) 3:15-4:30 @ Nitschmann Turf Field

October 21st, October 23rd, October 28th, October 30th, November 4th, November 6th

Boys Sessions (6th, 7th, & 8th Grades) 3:15-4:30 @ Nitschmann Turf Field

October 22nd, October 29th (*½ day, boys may get dropped off at 3 pm and picked up at 5 pm. This will be the only 2-hour practice of the season, no after school busses on this date*), October 31st, November 7th.

Open Field Morning Sessions (Boys and Girls, grades 6, 7 & 8) 7:15 am-7:45 am

October: 23rd, 24th, 29th, 30th, 31st **November:** 6th, 7th, 11th, 12th, 13th, 14th

**All students will enter the school at 7:45 and attend breakfast in the cafeteria until the bell rings to dismiss the students to homeroom.*

Transportation: Late bussing will be provided if your child takes a bus home normally. This bus picks up from 4:15-4:30 pm. All other students should walk home or be picked up at 4:30 pm.

Equipment: Sticks will be provided, but if you have one, please bring it with you! Students should be dressed to work out outside with sneakers and comfortable clothing.

Coach: Ms. Weinert (sweinert@basdschools.org)

Name: _____

Grade: _____ Homeroom: _____

Transportation Home: _____ Pickup _____ Walk Home _____ Late Bus _____

Previous Lacrosse Experience
_____ No experience playing lacrosse

_____ Played on a team (ex. BTAA) _____ Years Experience

Please leave the intramural permission slip form attached to this page